



OMEEO REGION NEWS SHEET

SUPPORTED BY



Wednesday 2 October 2024

AN OMEOSHIRE LIONS CLUB PROJECT

20 Cents

SERVING ENSAY, SWIFTS CREEK, OMEEO. BENAMBRA, DINNER PLAIN.

NEWSHEET ENQUIRIES:

Email: newsheet@omeo.org.au
Phone : 5159 1515 www.omeo.org.au
Post: P.O. Box 182 Omeo 3898

Medical Services-Omeo Region

For **URGENT** Medical Care call **000**
Omeo Medical Centre
Please Phone: **51 590 140**
To arrange an appointment
Monday to Friday 8.00am—5.00pm
Pathology: Collection Monday to Friday
8.00 am—9.00am
by appointment only

OMEEO COMMUNITY HUB LUCKY NUMBERS

6. Ann Petersen44. Marie Miles

SNAPDRAGONS JOKE



"Bad news, its curiosity"

Omeo Weather



Wed18-10. Thurs 21-9. Frid 21-12 .Sat17-12

Sun 17-11. Mon 18-12. Tues 14-8.

District Diary



Wednesday 2nd October

Omeo to Bright Bus..departs Omeo 8.00am return 3.20pm
Lego Club Omeo Library.....3.30pm-4.30pm

Thursday 3rd October

Omeo Opportunity Shop Open..... 11.00am-3.00pm

Friday 4th October

Omeo to Bright Bus...departs Omeo 8.00am return3.20pm
School Holiday Movie Omeo Library.....2.00pm-4.00pm

Saturday 5th October

AA. meeting 1st Saturday of month, CFA rooms2.00pm
Omeo Opportunity Shop Open..... 11.00am-3..00pm
Omeo Pharmacy closed

Sunday 6th October

DAYLIGHT SAVING

Starts 3.00am

Anglican Church Benambra9.30 am

Catholic Prayer Meeting Omeo..... 9.00am

Winter Golf Comp12.00pm

Monday 7th October

Omeo to Bright Bus depart....Omeo 8.00am return3.20pm
The High Country Singers Omeo Shire Offices.....2-3.30 pm

Tuesday 8th October

Listen with Lorna live radio O.S.C.A.R. fm ... 12.00-2.00pm
Monthly Movie Screening Omeo Library ...2.00pm—4.00pm

NB. "We want a few mad people now.
See where the sane ones have landed us!"

Amicus.



Omeo Medical Centre

Charles Luiz & Howard Goldenberg
Please note some days are via telehealth
Phone:5159 0140



Darren Chester
Federal Member for Gippsland

Shopping Locally

Creates Local Jobs
#lovegippsland



1300 131 785 **www.darrenchester.com**

Skicom Mt Hotham
CARPET/UPHOLSTERY/MATTRESS CLEANING SERVICE

Scott DeVries
0429 723 274
scottdevries2@icloud.com



STUBBORN DIRT, GRIT, STAINS, PET ODOUR, ALLERGENS... BE GONE!



R.E.C. 17886

MITCHELL
Electrical Services

INDUSTRIAL — DOMESTIC
ELECTRICAL MOTOR REPAIRS

CONTACT: TOM MITCHELL
5157 3200 — 0428 573 205
"From The Lakes To The Alps"



UNITING CHURCH
AUSTRALIA SWIFTS CREEK

We gather on the **first Sunday of the month** at 10 am for Worship and morning tea afterwards.
All are welcome

Activities for the younger ones
Enquiries to Rev Marian Bisset


Ph: 0421 067 212

GARY'S TREE LOPPING

- Tree Lopping
- Stump Grinding
- Hedge Trimming




PH 0427 772 364
garysmatenance@gmail.com



186 Day Avenue. Omeo. 3898
PH: 03 51591663
FAX: 03 5159 1686
AFTER HOURS: 0474 017 705
EMAIL: omeopharmacy@gmail.com
DELIVERY AVAILABLE

Omeo Pharmacy would like to notify our patrons that the pharmacy will be closed on Saturday the 5th of October
We apologise for any inconvenience..




NOTICE OF AGM

Omeo Golf Club will hold their AGM earlier than previously.

Wednesday 9th October
Following twilight golf, 7pm.

See you there!



Omeo Rodeo
AGM.

23/10/2024 at
7pm at
The Hub, Omeo.
All welcome.



**Daily Services between
Melbourne - Bairnsdale - Omeo**
Bairnsdale Depot - Grinters Transport,
 16 Lawless Street, Bairnsdale, 3875

Melbourne Depot - Vic Freight Specialists, 13B,
 13-17 Progress Street, Dandenong, 3175

**Omeo Depot – Omeo Welding & Engineering &
 Equipment Hire, 87 Bilton Street, Omeo, 3898**
 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: 0418 516 857 Email:

admin@grinters.com.au

Pallets . Parcels .

- ◆ Livestock . Hay .
- ◆ Machinery . Bulk
- ◆ General . Wool
- ◆ Refrigerated Freight . Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875
 Phone : Maureen 0402 001 593
 Jens 0402 006 268

Many fabrics to choose from for all your
 furnishing needs Over thirty years in
 Business and 76 years' experience in the
 industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- | | |
|---------------|---------------|
| ➤ Groceries | ➤ Gas Bottles |
| ➤ Meat | ➤ Bottle Shop |
| ➤ Fruit & Veg | ➤ Post Office |

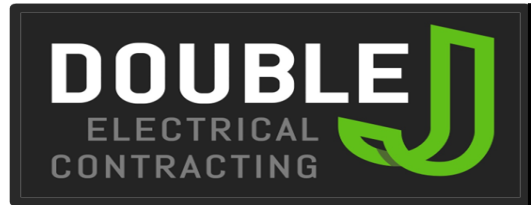
- Fuel ULP & DSL + Winter Mix
- Breakfast & Lunch Daily until 2pm
- Fish & Chips - Friday Nights 4pm-7pm
 - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit &
Vegetables

Drop in and meet our awesome team to grab a
 bite to eat or stock up on supplies for your
 adventure around Sunny Benambra

TRADING HOURS

Weekdays 8am - 5:30pm
 Weekends 9am - 5pm
 Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing,
 Mains and solar operated

TV Installation and servicing of both
 Satellite & "Terry"

Generator - Sales/Hire/Installation/

Mains to Generator
 changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations
 Industrial to domestic..

Competitive rates
 and servicing the Omeo region

Contact Jeremiah on 0418 909 978

**Switch all
paper
products in
your life to
100% recycled**



Did You Know?

Toilet paper, printing paper and almost all other paper products are available as recycled options.

For more information contact Council or visit our A – Z - Where to next? on our website.



**EAST GIPPSLAND
SHIRE LIBRARIES**



LEGO Club 2024



Junior LEGO enthusiasts are invited to attend our after- LEGO Club school sessions.

The sessions incorporate freestyle activity and themed construction activities.

Donations Welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

For more information, phone **51524225** or ask in person at the library about these **FREE** sessions.

Omeo Service Centre

3.30pm-4.30pm

Every Wednesday

Except School Holidays



All Children must be accompanied by an adult

ALL SCREENS GIPPSLAND
SALES - SERVICE - REPAIRS

**GLASS & GLAZING –
WINDOW REPLACEMENTS**

– SHOWER SCREENS – ROBE DOORS –
SECURITY DOORS – FLY SCREENS &
MORE

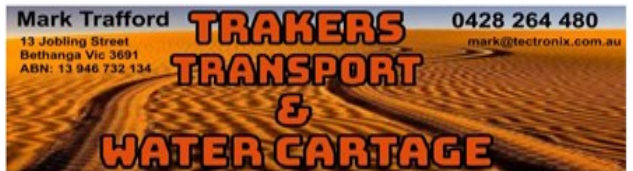
Servicing - Ensay, Swift Creek, Omeo,
Benambra & Dinner Plain

OFFICE: 5152 6791

JUSTIN: 0457 775 168

emailsales@allscreensgippsland.com.au

www.allscreensgippsland.com.au



Specialising in the following services
Potable Water Cartage

Transport of general freight, Agricultural goods,
Motorbikes, Quad bikes, Mowers
Small tractors, SXS's, Machinery parts,
Bagged grain and much more.

Reasonable rates

Truck equipped with 1,000 KG. tailgate loader
Full tarpaulin if required,
ability to load and unload goods
with 1.6 tonne all terrain pallet jack.
Truck capabilities: 6.tonne, 4x4
Tray size: 5.5 mtrs x 2.4 mtrs.
Flat top trailer 6.3 mtr x 2.5 mtr

Transporting weekly to Omeo and district
from Albury/Wodonga Corryong
Orders phoned or emailed by Tuesday
11 am For delivery on Wednesdays

**Contact Mark for delivery charges on
0428 264 480**

Mark @tectronix.com.au



SWIFTS CREEK BUSH NURSING CENTRE INC.

ABN: 78 513 040 891 INCORPORATION No A0011271F

ANNUAL GENERAL MEETING

When: Wednesday 9th October 2024 @ 5.30pm

Where: Interested parties may participate in the AGM in person at the Swifts Creek Bush Nurse Centre or Via video conference on Zoom. If you require the Zoom link please contact the centre.

Committee members for renomination

Pauline Canfield -renominating

Michael Cawley -renominating

Committee member vacancies:

No vacancies at this time

RSVP please Contact: Bush Nursing Centre: 03 5159 4210 or the SCBNC email: Secretary.scbnc@gmail.com for access to the Zoom link.

SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet

Phone : 5159 1515

All articles for the newssheet to be in by 12.00 noon on the Monday before publication. (Wednesday)

Prices for Newssheet Ads are as follows

Full Page A4 \$40

1/2 Page.\$20.00

1/4 Page.\$10.00

1/8 Page.\$ 5.00

Please state what size you require & How Long /Dates you would like it advertised for.

Thank You

PH : 5159 1515



NEW RUSH BREWHOUSE

Opening Hours

Friday from 5pm

Sunday Breakfast 8am 12pm

Sunday Lunch 12- 2pm



Benambra CWA Presents



SPRING FAIR

Date: 6th October Time: 11am till 2pm

Come to 'Dejalis' Benambra park for a Spring Fair with games, Apple bobbing, Donuts on a string, face painting and more.

All activities covered with a Gold coin donation.

CWA providing BBQ lunch, Cake Stall, Fairy Floss and Popcorn at a small cost.

CASH ONLY EVENT.





The Omeo & District Agricultural & Pastoral Society Inc. invites you to attend



Floral Art & Cookery Workshops

All welcome to this fun and free event

Are you exhibiting in an Agricultural Show this year? Do you want to find out what the judges are looking for? Learn and share some tips and tricks on how to present the best bunch of flowers and/or how to prepare and present your cookery items so they taste the best.

Our guest speakers are Show Judges and Show enthusiasts, Judi Sykes and Maree Campbell as well as our local ladies. Bring some foliage (on Wednesday) or a jam & cookery item (on Saturday) for discussion, feedback and fun. All other equipment supplied.



Floral Art Workshop

Wednesday 16th October *NOTE CHANGE OF DATE* 12:00pm – 4:30pm *

To be held at the Omeo Recreation Reserve Pavilion

&

Cookery, Preserves & Jams Workshop

Saturday 26th October 12:00pm – 4:30pm

To be held at the Omeo Recreation Reserve Pavilion



Lunch Included. Registration & information: Lisa Lee, ODAPS Secretary E: omeoshowsec@gmail.com P: 0499 192 722
www.omeoshow.com.au Facebook: Omeo Show 2024. Hosted by the Omeo & District Agricultural & Pastoral Society and supported by the Foundation for Rural & Regional Renewal/FRRR & the Omeo Garden Club.

EAST GIPPSLAND SHIRE LIBRARIES

FREE | BOOKINGS ESSENTIAL | AGES 5-12

School Holiday Activity

Dog Coasters and Foam Animals



Head into your local library for some school holiday fun!

Come ready to listen to stories, play games, win prizes and paint your own dog coaster set as well as make your own foam dangling animal!

Bairnsdale Library

Tuesday 1 October
2.00 pm – 3.30 pm

Orbost Service Centre

Wednesday 2 October
2.00 pm – 3.30 pm

Mallacoota Service Centre

Wednesday 2 October
2.00 pm – 3.30 pm

Lakes Entrance Service Centre

Thursday 3 October
2.00 pm – 3.30 pm

Omeo Service Centre

Thursday 3 October
2.00 pm – 3.30 pm

Paynesville Service Centre

Monday 23 September
2.00 pm – 3.30 pm

Book Now

- At your library
- 5152 4225
- www.trybooking.com/eventlist/eastgippslandshirelibraries
- Scan the QR code



Libraries Change Lives

TRIVIA & PIZZA NIGHT

SATURDAY OCT 5

SCBNC
SWIFTS CREEK BUSH NURSING CENTRE INC.

TAMBO VALLEY GOLF CLUB
proudly supporting the **Swifts Creek Bush Nursing Centre**

Invites you to join them for a
Not so serious – But Serious Enough!
TRIVIA & PIZZA NIGHT
JUNCTION HOTEL, SWIFTS CREEK
Saturday 05 October, commencing 7.00p.m.
\$25.00 per head

Light Meal Pizza and Shared platter included.
Teams of 6 – or join a team on the night.

Major Raffle: 2 Nights Accommodation Lakes Entrance

Get ready for a night of laughter, prizes and fun. A great night for a great cause.

Bookings Essential please contact Bill or Lynne Cooper
Email: secretary@tambovalleygc.com or Phone 0409 994 311 or 0458 994 311

GIPPSLAND Community Foundation
Funds have been made available by East Gippsland Shire Council and Gippsland Community Foundation with funds from the Victorian Government through Strategic Recovery Victoria and Commonwealth Government under the Coronavirus State Category C Disaster Recovery Funding Arrangements, in response to the 2019-20 Eastern Victorian Bushfires.



PHYSIOTHERAPIST

Robert Hughes is a qualified and extremely experienced Physiotherapist from McMillan Chiropractic

Robert will be available at Swifts Creek Bush Nursing Centre 16th October & 13th November 2024

FOR APPOINTMENTS Please phone 5150 2430 NO GP Referral required.



SWIFTS CREEK BUSH NURSING CENTRE

T. 03 5150 2430 F. 03 5150 2439
Email. susan.carroll@gha.net.au

17 McMillan Street, Swifts Creek 3896
Open 9am until 5pm Monday to Friday
9am until 11am Weekends

Emergency on-call available after hours
Nursing services: No appointment required.

You are required to pay an annual membership fee or otherwise a non-member fee.

A Rural and Isolated Practice Nurse is available for wound infections.

Assistance with Virtual Emergency consults.

Pathology: Every Weekday, 9am until 9.45am

Women's Health

Ante/Postnatal Care

Suturing

Memberships

Family \$140, Single \$70 due 31st July each year

Hire of Equipment

Home visits if required.

24hr Bp monitor

Immunisations

Webpage – [https://](https://www.swiftscreekbushnursingcentre.com.au)

www.swiftscreekbushnursingcentre.com.au



Ensay Bush Nursing Centre

T. 03 5150 2416 F. 03 5150 2419

email: ensaybnc@gha.net.au



Open 9am until 3pm Monday to Friday

or 8.30am-9am and 3-3.30pm emergencies only

Nursing services: No cost No appointment required.

Pathology Monday to Friday 9 am until 10.30 am- No cost. No appointment required

Footcare: Approximately 6 weekly, \$15.00 cost ring for an appointment

Walk and morning tea: 1st Friday of each month may include some craft activities, no cost only delicious homemade cakes etc.

RFDS mental wellbeing: Fortnightly face to face and telehealth model.

Memberships: \$50.00 family and \$25.00 single due 31st of July each year, pro-rata payments accepted for new members.

AGM: Occurs on the second Monday of October all welcome, new members to the COM welcome.

Follow us on facebook and our webpage for events and employment opportunities.

WEBPAGE

<https://www.ensaybushnursing.com.au>

**5 Great Alpine Road
Ensay, VIC. 3895**



Butler, Judith Grace Bernadette 'Judy'

formerly of Swifts Creek and Orbost passed away peacefully in her final home of Omeo on Monday 23rd September 2024, aged 80 years old.

Beloved wife of Johnno (dec). Loved and adored mother of Carl (dec), David and Jennifer. Very special sister of Faye. Much loved mother in law of Rhonda and Mark. Grandma to April and Caroline and great great grandma to Genevieve.

May the road rise to meet you.

May the wind be always at your back.

*May the sun shine warm on your face and rain fall soft upon your fields
and until we meet again May God hold you in the hollow of his hand.*

Judy's funeral service will be held at the Peter Murray Funerals Chapel, 30 Victoria St, Bairnsdale

on Thursday 3rd October 2024 at 11:00am.

Peter Murray Funerals

East Gippsland 5152 4596



Golf Club Results Sunday 29/9/2024

18-hole stableford

Open to all members & casuals welcome

12.30pm for 1pm hit off.....same next week 6/10/2024

<u>Place</u>	<u>Points</u>	<u>Player Name</u>
Winner	38	Pat McCormack
2 nd	33	Steve Thomas
3 rd	32 TIE	Christine Faithfull & John Reid
NAGA	24	Walter Bower



Nearest to Pin 7th

Christine Faithfull

Nearest to Pin 16th

John Reid

Nearest to Pin 2nd shot 6th/15th

John Reid

Night Golf special Friday 4th October meet at Clubhouse from 5.30pm

AGM Wednesday 9th October 7pm after Twilight Golf



DEAR MARIE MILES.

HAPPY 90th
BIRTHDAY

PICTURE TAKEN AT
THE PINK PALACE .

28th of
SEPTEMBER 2024



Country Women's Association of Victoria Inc.
High Country Branch

2025 Scholarship

The branch is proud to announce the
High Country Branch \$3000 Scholarship
to assist with ongoing education.

Eligible applicants will be year 10 and above
school leavers from the local community.

You can request further information and an application
form by contacting:

Rev. Marian Bisset
0421 067 212

or by contacting the branch through social media.

Applications due: 21st October, 2024

 [cwahighcountry](https://www.facebook.com/cwahighcountry)



NIGHT GOLF AT OMEO

Friday 4th of October at Omeo

A social evening - Clubhouse open 5pm.

Light meal available, play cards
or just chat.

EVERYONE WELCOME

GOLF STARTS WHEN IT GETS
DARK!

You can play or be a spectator.





*You're
invited*

Please join us to celebrate the launch of
Study Hub Omeo

A site of the Gippsland East Study Hub Outreach.
A partnership between the
Gippsland east Local Learning and Employment Network
And the Omeo Community Hub and Hall

9 October 2024, 12:00pm
179 Day Avenue
Omeo



Please RSVP
By 7 October 2024
Via the QR code or at
<https://www.trybookong.com/CVPB>



Community Health Centre

Opening hours • Monday to Thursday 8am - 5pm • Friday 8am - 12pm



(03) 5159 0140



medical.centre@omeohs.com.au



12 Easton Street, Omeo VIC 3898



<https://www.odh.net.au>

Medical Practitioners for October:



Dr Charles Luiz
October



Dr Mariam Cranswick
Returning in
November



**Associate Professor
Noel Cranswick**
Paediatrician
Returning in
November

Services:

Vaccinations

All vaccinations available Monday to Friday, 8am - 12pm. Some vaccines do require a script. Please contact the Community Health Centre to arrange an appointment.

District Nursing

The District Nurse is available Tuesday and Friday, by appointment only. Please contact the Community Health Centre to arrange an appointment.

Diabetic Educator

The Diabetes Educator will be onsite on 18th October. Please contact the Community Health Centre to arrange an appointment.

Gym

For all enquires please contact our Allied Health Assistant, Karen Weaver on (03) 5159 0132. Gentle Exercise classes run in Benambra and Omeo weekly.

Podiatrist

Dr Ankush Madan will be onsite on 30th September and 1st October. Please contact the Community Health Centre to arrange an appointment.

Dental

All appointments are managed by the Royal Flying Doctors Service. Please contact their Dental Team on (03) 8412 0444.

Mens Shed

Open Monday and Fridays 11am - 3pm every week. For all enquiries please phone the Community Health Centre.



A new regional body for communities of the Omeo Region

Anglers Rest, Benambra, Bindi, Bingo Munjie, Brookville, Bundara, Cassilis, Cobungra, Doctors Flat, Ensay, Ensay North, Glen Valley, Hinnomunjie, Omeo, Omeo Valley, Reedy Flat, Shannonvale, Swifts Creek, Tambo Crossing, Tongio and Uplands

All welcome

Drop In Session | Thurs 3 Oct 4.30-5.30pm

Swifts Creek Hall - new extension

or

Drop In Session | Fri 4 Oct 2.30-3.30pm

Omeo Community Hub, 179 Day Av

We want your feedback on:

- **Options** for a regional model
- **Priorities** a regional group will address

**To register or for further information:
Email Helenka at admin@orcra.org.au**

Now on Saturdays

HARVEST EXCHANGE CALENDAR 2024-2025



2024	
SATURDAY 5 OCTOBER ENSAY Little River Inn	SATURDAY 19 OCTOBER SWIFTS CREEK Community Centre
SATURDAY 2 NOVEMBER OMELO Courthouse Gardens	SATURDAY 16 NOVEMBER BENAMBRA Neighbourhood House
SATURDAY 30 NOVEMBER ENSAY Little River Inn	SATURDAY 14 DECEMBER SWIFTS CREEK Community Centre
2025	
SATURDAY 18 JANUARY OMELO Court House Gardens	SATURDAY 1 FEBRUARY BENAMBRA Neighbourhood House
SATURDAY 15 FEBRUARY ENSAY Little River Inn	SATURDAY 1 MARCH SWIFTS CREEK Community Centre
SATURDAY 15 MARCH OMELO Court House Gardens	SATURDAY 29 MARCH BENAMBRA Neighbourhood House
SATURDAY 5 APRIL ENSAY Little River Inn	SATURDAY 19 APRIL SWIFTS CREEK Community Centre
SATURDAY 3 MAY OMELO Court House Gardens	SATURDAY 17 MAY BENAMBRA Neighbourhood House

SATURDAYS AS PER TIMETABLE

10:30am - Register Produce

Register your produce
and place it on the table

11am - Swap and share
Take what you like, share
and chat

11:30am - Excess for Everyone

Leftover produce is
shared around or taken
home

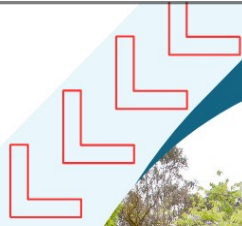
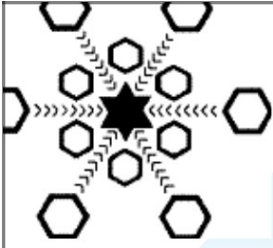
WHAT TO BRING

Fresh fruit and veges,
eggs, honey, homemade
preserves, baked goods,
seedlings, empty jam jars,
empty egg cartons, your
favourite recipe or
gardening tips.

Nothing to bring?
Come along anyway....
Growers love to share!

See the Harvest Exchange Guidelines here: <http://tinyurl.com/HarvestExchange> or
contact the Community Centre Swifts Creek for more info:

E: ccswiftscreek@gmail.com T: 0491 697 298



150th Celebrations

1874-2024

**SWIFTS CREEK P-12
FLAGSTAFF CAMPUS**

**NOVEMBER 9TH 2024
10-2PM**

COME CELEBRATE WITH US

SHARE YOUR STORIES ON
OUR LIVE PODCAST

swifts.creek.pl2@education.vic.gov.au

Cassilis Makers Market

School Tours & Historical Displays

Picnic Marquee Lunch provided

Kids Entertainment

Ceremonial Tree Planting

Celebratory Cake Cutting

